HOW PATHOGENIC VIRUSES WORK

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DEDICATION

I dedicate this book to my sweetheart, my best friend, and my wife: Vicki Sompayrac.
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Acknowledgments

I especially want to thank my good friend, Bob Mehler, who read the entire manuscript, offered excellent advice and suggestions, and helped make writing this book fun. I also wish to thank the following people who offered critical comments on various parts of the manuscript: Charles Bangham, Jim Cook, Andreas Dotzauer, Bin He, Thomas Hope, John Kash, Karla Kirkegaard, Mari Manchester, Jack Routes, Aleem Siddiqui, and Ed Watt. Thanks also to Vicki Sompayrac whose wise suggestions helped make this book more readable, and whose editing was invaluable in preparing the final manuscript.

I would like to express my gratitude to Richard Feldmann, David Hockley, Shpilke Rozenblatt, and Nick Wrigley for contributing some of the figures in this book. Their beautiful pictures truly are worth thousands of my words.

Finally, I would like to thank my editor at Jones and Bartlett, Chris Davis. If you want an editor who will make writing a book fun and easy, Chris is your man.
There are many books which employ viruses as tools to teach molecular and cellular biology. This makes sense. A lot of what we know about these subjects was learned by observing how viruses usurp the biochemical machinery of their host cells. However, these texts tend to treat viruses as bit players, focusing mainly on the cells they inhabit. Consequently, such a book can teach you a lot about cell biology, but it usually won’t give you much insight into the “mind of the virus.” In *How Pathogenic Viruses Work*, the virus will occupy center stage, because my goal is to give you an overall picture of virus-host interactions from the point of view of the virus.

There are also big, heavy books that seem to contain every possible detail about every virus in the universe. These texts are great for reference, but they give the impression that viruses are incredibly complicated and almost impossible to understand. In fact, viruses are quite simple. They really only know how to solve three problems, and the diseases viral infections cause are the consequences—frequently the unintended consequences—of the different ways viruses solve these problems.

*How Pathogenic Viruses Work* is written in the form of “lectures,” because I want to talk to you directly, just as if we were together in a classroom. In this book, I will focus on the important concepts, and will leave out as much detail as possible. We will also limit our discussion to viruses that cause diseases in humans. Lord knows, there are plenty of them, and to me (and probably to you), these viruses are really the most interesting ones.

Your professor may use this book as the core text for a course, supplementing these lectures with fascinating facts about his or her favorite viruses. Alternatively, your professor may use this book as a course preview, both to provide you with a global view of how pathogenic viruses work, and to give you “pegs” on which to hang more detail as the course progresses.

But no matter how your professor may choose to use this book, you should keep one thing in mind: I didn’t write this book for your professor. This book’s for you!